It had been over eight years of trying everything that we could possible think of to help Nathan with his night time bed wetting, which included many standard doctor visits, chiropractic care, homeopathy, testing for food allergies, hypnosis, bed-wetting alarms and the attempt to wake him in the middle of the night to go to the bathroom and "beat" the bedwetting. The answers that came back to us were always unsatisfactory. "Here's a drug prescription" or "He'll grow out of it" Last year I came across the Center for Bedwetting Treatments' website while doing one last search for help on the web. As I read the other testimonials, I was filled with hope because they sounded like Nathan, but I was somewhat skeptical as well, for it didn't make sense to me that he could be treated and healed without ever setting foot in their office in Michigan.

The money-back guarantee was the thing that made us jump in, for we figured that we had nothing to lose.

The initial call was so helpful, in that we came to realize that the problem was not a bed-wetting problem, but a sleep disorder. The explanation of the sleep cycles also explained to us why he always seemed to be so tired, even when he slept for a very long time. As an athlete, he needed better more restful sleep and so we were even more determined to make this program work.

Though it was not easy to get a teenager to do everything that he was supposed to do, the help and explanations from Michael made it easier to get the importance of it across to Nathan. All of this was worth it when you see your child's confidence build with each and every dry night. When you come to the point of numerous dry nights in a row, you see the light at the end of the tunnel. Graduation day is surreal because you remember that at one point you felt like you would never see this day and the peace that is in your heart is something that you know is worth every penny that was paid for this program and more. I am thrilled to say that I was wrong; a person can have a sleep-disorder fixed without ever visiting CBT's office or seeing a treatment advisor in person. Work the program, use the treatment advisor's expertise and suggestions, and stay positive. It works!

With gratitude,

Tiffany