

June 23, 2014

Dear Lorie and friends,

A mere letter hardly seems adequate to thank you for all that you've done for our daughter, Joy, and our family over these past six months. You and your program have given us a freedom that is indescribable!

I turned to the internet for help last December when I was feeling frustrated and helpless. Our daughter, Joy, who was already 10 years old, was still wetting the bed nightly without fail (more often than not FLOODING the bed). I had been given yet another prescription to try, but thankfully I heeded my "mother instinct" and didn't give it to Joy. The side effects were simply too worrisome, and past experience told me that we weren't going to see any improvement anyways. Thank goodness my desperation led me to you!

I admit to being nervous in making that first phone call, but your staff welcomed me with warmth and understanding. And we have received nothing but since! Partnering with you has been a delight. That we live in Canada mattered not; you have streamlined the process for working with families at a distance. How grateful we are for that! The foundation of the program is logical, very well laid out, and you led us through step by step. It wasn't nearly as onerous as I initially feared, and given how quickly we saw results, we were became even more motivated to follow the plan.

As Joy has just graduated from the program, we have realized successes that go beyond the bedwetting. We have seen improvement in Joy's ADHD

symptoms, and she has shown academic gains that we are certain relate to her improved sleep patterns. She has a newfound confidence and has the opportunity to try new things like camp and birthday party sleepovers. I personally am beyond thrilled to be done buying GoodNites and washing so much bedding!

Our thanks to you is endless. Your time, expertise, and care are gifts that we are most grateful for. You have made a difference in the life of our family. Our only regret is that we didn't find you sooner! Thank you again for giving Joy, and our family, a new beginning!

Glenda McGillivray

Message from Joy:

Lorie, you're the one that made it all possible for me to have sleepovers. You encouraged me lots. You're a friend I never met. Thank you so much for giving me an opportunity to quit bed wedding. I am so happy!