

June 3, 2012

Hi, my name is Ben. I'm 12 years old and live in Iowa. This letter is to tell you about my thoughts on the Enuresis Treatment Program. I started the program when I was 11. I was in the program for about 8 months.

There are hard parts to the program, but it was worth it at the end. The hardest part for me was staying motivated and having the confidence that it would work. I didn't want to be a 40-year-old man and have to wear a diaper or something. It also was the key that I had the support of my whole family (parents and two sisters), who helped me every step of the way.

It's a great feeling to know that I made it through the program and am dry at night. My advice to other kids is to stick with it because it does work.

Sincerely,

Ben