

To Michael Stallsmith, and the ETC Staff:

Wow!! I've passed a huge stage of my life (with "some" help). One that I never thought I would get through. At first, when I started to do some of the exercises, I was thinking, "Oh great, they're just building more hope so I can get knocked down again. Oh boy. What a big waste." But then, as I started noticing that my "liquid amounts" started rising, and I stopped waking up as often in the night, that this really was having an effect, it might work. I was actually becoming a believer in this. I mean, I had had my hopes shot down so many times. I thought something would work, and I would start to get somewhere, and then the wet beds would come back, but something was different about ETC. The main thing being that everything Barbara said on that very first visit, hit the nail right on the head. She recognized almost all of my experiences.

With other "tries" at conquering my nighttime problems, I had tried alarms that would sound when contact was made with moisture. My parents and I would read the packets, and think, "Wow, this could really work!" When they would fail, I thought that I was different, or for some reason I didn't fit these things, like I was an outcast or something. I had tried nasal sprays that supposedly lowered urine production, when all it really did was dehydrate me and get me sick. With ETC, no drugs or anything, and I was able to speak with a real person (Barbara, not a pamphlet), on my first visit. She and Michael, made me feel like there was nothing wrong with me, it was normal. That was never emphasized on any prescription bottles, or instruction manuals. So I would just like to say thanks, to Michael, to Barbara, and to everyone in the ETC program, not only for helping me, but for caring for everyone with this problem. It is truly amazing. No, not the just program, but the size of your hearts too. Thanks a lot.

Yours Truly,  
A Former Bed-Wetter,  
Dan Zech