

January 7, 1990

Dear Barbara:

I would like to take this opportunity to thank you for your guidance and counseling in overcoming a sleeping disorder which has labeled me as a primary bedwetter for 30 years. I cannot express the happiness and enthusiasm I feel knowing that in only six months of treatment at the Enuresis Treatment Center, I am cured of an embarrassing problem I was convinced could never be treated.

Throughout my life as a child, I visited doctors who placed me on monitors (which I never seemed to hear) and tried to counsel me for short periods of time with no improvement. This was unfortunately, a hereditary condition.

At age 19, after a lot of frustration and embarrassing situations, I visited three other doctors in hopes of finding a cure for my adults bedwetting. The first doctor was a general doctor (D.O.) who recommended I do kegel exercise but never verbalized how many, how often or for what length of time. Since my condition did not seem to improve after one a month of kegel exercises, I gave up. I then visited an urologist in Oakland County who ran a series of in-patient clinic and out-patient hospital testing and could find nothing abnormal with my system.

Since I did not want to believe there was no cure, I sought a second urologist in Oakland County who prescribed a series of medications which included: tofranil, anaspez and ditropan. This medication was not helpful and left uncomfortable side effects. After a year of trying these medications, I lost hope I would ever be cured.

However, one day (10 years later at age 30), I was listening to a radio station, WMUZ, 103.5 FM and heard of an ad for the Enuresis Treatment Center claiming they could treat people with bedwetting and sleeping disorders. They also boasted a 95% cure rate for children and adults. I called for an appointment, and after only 6 months of treatment am cured.